

# Villa de San Antonio

8103 North Hollow  
San Antonio, TX 78240  
(210) 558-7600



**Terry Wuestney**

Regional Director of Operations

**Kelly Nass**

Assistant Executive Director

**Sasha Gaitan**

Business Office Manager

**Alison Contreras**

Community Relations Director

**Rick Mora**

Activities Director

**Natalie Guevara**

Regional Director of Sales & Marketing

**John Zachary**

Dining Services Director

**Dale Barnett**

Environmental Services Director

**Roger Contreras**

Resident Care Director

Find us on 

January 2023

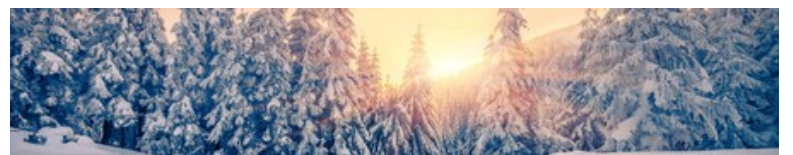
# Welcome



## New Residents

**Please Everyone Welcome**

Bill Meaney  
Sr. Zera Butler



# Happy Birthday

## January Birthdays

01/02	Lydia Gonzalez
01/03	Rosalina Reyes
01/10	Marian Greer
01/10	Patrick Wright
01/11	Barbara Wilson
01/11	David Moreno
01/13	Maria Kaminski
01/13	Leilani Nickerson
01/14	Joan Thompson
01/14	Willis Dore
01/17	Ninel Listengarten
01/17	Lisa Ray
01/18	Dorothy Felux
01/18	Lawrence Cowley
01/19	Jean Baird
01/22	Lucille Davila
01/22	Beverley Ohlemiller
01/24	Carmen Kelly
01/25	Sr. Josepha Feeney
01/28	Maura Fitzsimons
01/30	Glenda Easley
01/30	Richard Koster
01/30	Sr. Wiona Engel
01/31	Janice Sternecker
01/31	Bill Edwards
01/31	Mary Lou Knight

2023  
HAPPY NEW YEAR



## Out & About

### Kneaders

This neat little sandwich shop is known for their delicious breads. Come and try one when we go and take a trip to Kneaders. Tuesday, January 3, please meet at 11:00 a.m. in the Lobby.



### Alamo Cafe

For over 35 years Alamo Cafe has been serving up some of San Antonio's most delicious queso, freshest homemade tortillas and authentic Tex-Mex cuisine. Tuesday, January 10, please meet at 11:00 a.m. in the Lobby.



### Mi Tierra

Mi Tierra Café is downtown San Antonio, TX's finest Tex-Mex restaurant, Mexican bakery, and source for live Mariachi entertainment. The top factors that restaurant-goers look for when deciding where to eat are location, ambience such as mood, music, and art, a specialty in a particular style of cuisine, good value, and exceptional service. They offer all of this in spades! Tuesday, January 17, please meet at 11:00 a.m. in the Lobby.



### Acadiana Café ...

A family-style spot serving Cajun classics & seafood in an airy, wood-paneled space with rustic decor. The mission is simple: serve delicious, affordable food that guests will want to return for week after week. Tuesday, January 24, please meet at 11:00 a.m. in the Lobby.



## Pasha's Mediterranean Grill

"Our food philosophy begins at the table. Sharing amazing dishes is a tradition our families continue to build upon year over year. Kind and honorable treatment of our customers and communities is at the heart of everything we do." **Tuesday, January 31, please meet at 11:00 a.m. in the Lobby.**



## Hobby Lobby

Looking to start a new quilt? Or are you interested in finding some cool new decor for your apartment? The bus will drop you off and return at an agreed upon time. **Thursday, January 5, please meet at 2:00 p.m. in the Lobby.**

## Half-Price Books

That one simple philosophy is the inspiration behind the country's largest family-owned



## Trader Joe's

"At Trader Joe's, we see ourselves as your neighborhood grocery store. Step inside and you'll find unconventional and interesting products in the Trader Joe's label like Mandarin Orange Chicken and Cold Brew Coffee Concentrate, as well as everyday basics like milk, eggs and fresh produce. We are a good source for great cheese, and we offer a vibrant selection of fresh flowers. Most importantly, we offer all of our delicious, quality products at the very best prices." **Thursday, January 12, please meet at 2:00 p.m. in the Lobby.**

bookstore chain. But they do more than just read a lot: They buy and sell new and used books, music, movies, games, electronic devices and collectibles in more than 120 stores and growing. **Thursday, January 19, please meet at 2:00 p.m. in the Lobby.**

## Michaels

Michaels has the products you need for home decor, framing, scrapbooking and more. Quality Supplies & Fresh Project Ideas Make Crafting Easy. **Thursday, January 26, please meet at 2:00 p.m. in the Lobby.**

## Room Legend

FC..... Fitness Center  
MP... Multi-Purpose Room  
C..... Cantina  
CL..... Club Room  
CH..... Chapel  
ALTV..... Assist. Living TV  
P..... Pool/Patio

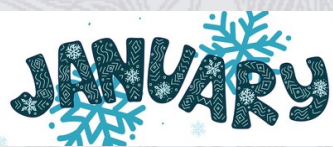
## Resident Council

**Resident Council**  
Has resumed their town hall type meetings once again. You can attend if you would like to ask any questions you may have for the Council. **Tuesday, January 10, at 2:00 p.m. in the Multi-Purpose Room.**

## Resident Meeting

**Town Hall Meeting**  
The Management Team here at Villa de San Antonio will hold a Town Hall Meeting for residents who would like to bring up any questions they might have for each individual department. **Thursday, January 19, 2:00 p.m. in the Chapel.**

**Food for Thought**  
Dining Director John Zachary will update you on all the happenings in the dining room. **Wednesday, January 25, at 2:00 p.m. in the Chapel.**



Sunday	Monday	Tuesday
<b>1</b> 10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>2</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Walking Group-Lobby 10:00 <b>Women's Poker-CL</b> 10:30 Creative Writing-ALTV 10:30 The Baking Club-ALTV 1:00 Bingo- MP 1:00 Advanced Fitness-FC 2:15 Loteria-MP 3:00 Word Puzzles-MP 6:30 <b>31-CL</b>	<b>3</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Bible Study-MP 11:00 Outing: <b>Kneader's</b> 1:00 <b>Men's Poker-CL</b> 1:00 Pokeno -MP 2:00 Arts & Craft -ALTV 3:00 Motivational Coloring-MP 4:00 Happy Singers-MP 6:30 <b>31-CL</b>
<b>8</b> 10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>9</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Walking Group-Lobby 10:00 <b>Women's Poker-CL</b> 10:30 Creative Writing-ALTV 10:30 The Baking Club-ALTV 1:00 Bingo- MP 1:00 Advanced Fitness-FC 2:15 Loteria-MP 3:00 Word Puzzles-MP 6:30 <b>31-CL</b>	<b>10</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Bible Study-MP 11:00 Outing: <b>Alamo Cafe'</b> 1:00 <b>Men's Poker-CL</b> 1:00 Pokeno -MP 2:00 <b>Residents' Council-MP</b> 2:00 Arts & Craft -ALTV 3:00 Motivational Coloring-MP 4:00 Happy Singers-MP 6:30 <b>31-CL</b>
<b>15</b> 10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>16</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Walking Group-Lobby 10:00 <b>Women's Poker-CL</b> 10:30 Creative Writing-ALTV 10:30 The Baking Club-ALTV 1:00 Bingo- MP 1:00 Advanced Fitness-FC 2:15 Loteria-MP 3:00 Word Puzzles-MP 6:30 <b>31-CL</b>	<b>17</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Bible Study-MP 11:00 Outing: <b>Mi Tierra</b> 1:00 <b>Men's Poker-CL</b> 1:00 Pokeno -MP 2:00 Arts & Craft -ALTV 3:00 Motivational Coloring-MP 4:00 Happy Singers-MP 6:30 <b>31-CL</b>
<b>22</b> 10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>23</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Walking Group-Lobby 10:00 <b>Women's Poker-CL</b> 10:30 Creative Writing-ALTV 10:30 The Baking Club-ALTV 1:00 Bingo- MP 1:00 Advanced Fitness-FC 2:15 Loteria-MP 3:00 Word Puzzles-MP 6:30 <b>31-CL</b>	<b>24</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Bible Study-MP 11:00 Outing: <b>Acadiana</b> 1:00 <b>Men's Poker-CL</b> 1:00 Pokeno -MP 2:00 Arts & Craft -ALTV 3:00 Motivational Coloring-MP 4:00 Happy Singers-MP 6:30 <b>31-CL</b>
<b>29</b> 10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>30</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Walking Group-Lobby 10:00 <b>Women's Poker-CL</b> 10:30 Creative Writing-ALTV 10:30 The Baking Club-ALTV 1:00 Bingo- MP 1:00 Advanced Fitness-FC 2:15 Loteria-MP 3:00 Word Puzzles-MP 6:30 <b>31-CL</b>	<b>31</b> <b>9:00 Chair Fitness-FC</b> 9:30 Chair Fitness-FC 9:30 Bible Study-MP 11:00 Outing: <b>Pasha</b> 1:00 <b>Men's Poker-CL</b> 1:00 Pokeno -MP 2:00 Arts & Craft -ALTV 3:00 Motivational Coloring-MP 4:00 Happy Singers-MP 6:30 <b>31-CL</b>

Wednesday	Thursday	Friday	Saturday
<p>4</p> <p>9:00 Chair Pilates-MP 9:30 Walking Group-Lobby 10:00 <b>Nails-2nd Fl. MPR</b> 10:00 H.E.B. 10:00 <b>Yoga -MP</b> 10:30 <b>Coloring-ALTV</b> 1:00 Horse Racing-MP 2:00 <b>Arts &amp; Crafts-ALTV</b> 2:00 Mexican Train-MP 4:00 Social Hour 6:30 Pinochle-2nd FL.</p>	<p>5</p> <p>9:00 <b>Chair Fitness-FC</b> 9:30 Chair Fitness-FC 11:00 Brain Games-ALTV 11:00 Wal-Mart 1:00 Pokeno-MP 2:00 Shopping Outing: <b>Hobby Lobby</b> 2:15 Scrap Booking Club-MP 6:30 <b>31-CL</b></p>	<p>6</p> <p>9:00 Chair Pilates-MP 10:00 Spanish Class-ALTV 10:30 Baking Club- 2nd Fl. MP 1:00 H.E.B. 1:00 Bingo-MP 1:00 Advanced Exercise-FC 2:15 Loteria -MP 3:00 Bunco-MP 6:30 <b>31-CL</b></p>	<p>7</p> <p>10:00 Wal-Mart Group 1 11:00 Wal-Mart Group 2 1:00 <b>Mexican Train-CL</b> 4:00 Catholic Mass-CH 6:30 <b>Canasta-CL</b></p>
<p>11</p> <p>9:00 Chair Pilates-MP 9:30 Walking Group-Lobby 10:00 <b>Nails-2nd Fl. MPR</b> 10:00 H.E.B. 10:00 <b>Yoga -MP</b> 10:30 <b>Coloring-ALTV</b> 1:00 Horse Racing-MP 2:00 <b>Arts &amp; Crafts-ALTV</b> 2:00 Mexican Train-MP 4:00 Social Hour 6:30 Pinochle-2nd FL.</p>	<p>12</p> <p>9:00 <b>Chair Fitness-FC</b> 9:30 Chair Fitness-FC 11:00 <b>History Class-MP</b> 11:00 Brain Games-ALTV 11:00 Wal-Mart 1:00 Pokeno-MP 2:00 Shopping Outing: <b>Trader Joe's</b> 2:15 Scrap Booking Club-MP 6:30 <b>31-CL</b></p>	<p>13</p> <p>9:00 Chair Pilates-MP 10:00 Spanish Class-ALTV 10:30 Baking Club- 2nd Fl. MP 1:00 H.E.B. 1:00 Bingo-MP 1:00 Advanced Exercise-FC 2:15 Loteria -MP 3:00 Bunco-MP 6:30 <b>31-CL</b></p>	<p>14</p> <p>10:00 Wal-Mart Group 1 11:00 Wal-Mart Group 2 1:00 <b>Mexican Train-CL</b> 4:00 Catholic Mass-CH 6:30 <b>Canasta-CL</b></p>
<p>18</p> <p>9:00 Chair Pilates-MP 9:30 Walking Group-Lobby 10:00 <b>Nails-2nd Fl. MPR</b> 10:00 H.E.B. 10:00 <b>Yoga -MP</b> 10:30 <b>Coloring-ALTV</b> 1:00 Horse Racing-MP 2:00 <b>Arts &amp; Crafts-ALTV</b> 2:00 Mexican Train-MP 4:00 <b>Elvis Social Hour</b> 6:30 Pinochle-2nd FL.</p>	<p>19</p> <p>9:00 <b>Chair Fitness-FC</b> 9:30 Chair Fitness-FC 11:00 <b>Astronomy Class-MP</b> 11:00 Brain Games-ALTV 11:00 Wal-Mart 1:00 Pokeno-MP 2:00 <b>Town Hall-CH</b> 2:00 Shopping Outing: <b>Half-Price Books</b> 2:15 Scrap Booking Club-MP 6:30 <b>31-CL</b></p>	<p>20</p> <p>9:00 Chair Pilates-MP 10:00 Spanish Class-ALTV 10:30 Baking Club- 2nd Fl. MP 1:00 H.E.B. 1:00 Bingo-MP 1:00 Advanced Exercise-FC 2:15 Loteria -MP 3:00 Bunco-MP 6:30 <b>31-CL</b></p>	<p>21</p> <p>10:00 Wal-Mart Group 1 11:00 Wal-Mart Group 2 1:00 <b>Mexican Train-CL</b> 4:00 Catholic Mass-CH 6:30 <b>Canasta-CL</b></p>
<p>25</p> <p>9:00 Chair Pilates-MP 9:30 Walking Group-Lobby 10:00 <b>Nails-2nd Fl. MPR</b> 10:00 H.E.B. 10:00 <b>Yoga -MP</b> 10:30 <b>Coloring-ALTV</b> 1:00 Horse Racing-MP 2:00 <b>Food For Thought-CH</b> 2:00 <b>Arts &amp; Crafts-ALTV</b> 2:00 Mexican Train-MP 4:00 Social Hour 6:30 Pinochle-2nd FL.</p>	<p>26</p> <p>9:00 <b>Chair Fitness-FC</b> 9:30 Chair Fitness-FC 11:00 Brain Games-ALTV 11:00 Wal-Mart 1:00 Pokeno-MP 2:00 Shopping Outing: <b>Michaels</b> 2:15 Scrap Booking Club-MP 6:30 <b>31-CL</b></p>	<p>27</p> <p>9:00 Chair Pilates-MP 10:00 Spanish Class-ALTV 10:30 Baking Club- 2nd Fl. MP 1:00 H.E.B. 1:00 Bingo-MP 1:00 Advanced Exercise-FC 2:15 Loteria -MP 3:00 Bunco-MP 3:30 <b>Wine Down-MP</b> 6:30 <b>31-CL</b></p>	<p>28</p> <p>10:00 Wal-Mart Group 1 11:00 Wal-Mart Group 2 1:00 <b>Mexican Train-CL</b> 4:00 Catholic Mass-CH 6:30 <b>Canasta-CL</b></p>
<p><b>JANUARY</b></p>	<p><b>HAPPY</b> <i>New Year!</i></p>	<p> <b>ELVIS' BIRTHDAY</b></p>	<p>★★★★★ <b>I HAVE A DREAM</b> ■■■■■■■■</p>



## Neighborhood **News**

### Important Change for 2023

With the growth of our community's occupancy certain changes must be implemented to help the Transportation Dept. maintain its flexibility to deliver the best service to you possible. For that reason the Wal-Mart trip will now be Thursdays at 11:00 a.m. and our weekly Outings will move to Tuesdays at 11:00 a.m. Thank you for your understanding.

## **Activities**

### Yoga With Rosanna

Come and try out Yoga Class here in the community. Your instructor is Rosanna Rocha from R&R Home Caregivers; she comes to us with a wonderful energy and bright smile. Let Rosanna lead you on a path to blissfulness. Every Wednesday, at 10:00 a.m. in the Multi-Purpose Room.



## **History Lesson**

### Where Does Santa Get His Toys From Anyway?

Join Ret. Col. Janice Dombi as she discusses the History of the American Toy Industry; from the Slinky, Barbie and More. What does the Slinky have to do with WWII, or Did Barbie have her beginning in an interesting profession?? Learn about all this Thursday, January 12, at 11:00 a.m. in the Multi-Purpose Room.

### Annual Elvis Concert

What better way can we kick off the New Year than with a visit from our Awesome Elvis impersonator? Each year he comes and Shakes, Rattles and Rolls his way through our building and through many of your hearts. You won't want to miss this special happy hour. January 18, 4:00 p.m. in the Lobby.



## Armchair Astronomy: Earth's Sun

Beauty in the Sky: Our nearest star, in addition to keeping us alive, interacts with atmospheric conditions to produce amazing beauty in the sky. This collection of beautiful images from around the world (including some from out of this world) shows a wide variety of the effects the sun produces. Some stunning foregrounds make for beautiful images. Thursday, January 19, at 11:00 a.m. in the Multi-Purpose Room.

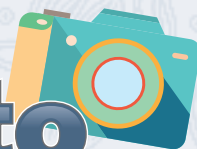


## Wine Down Friday! Sponsored by R&R

Everyone's favorite end-of-the-month activity is back. R&R Home Caregivers is proud to sponsor and is very eager to meet and serve you. Friday, January 27, at 3:30 p.m. in the Multipurpose Room.



Featured  
**Photo**



# Word Search

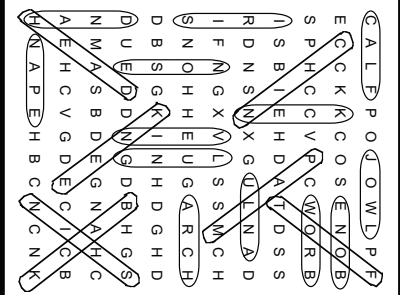
## Category: Four-Letter Body Parts

C A L F P O J O W L P F  
E C C K K C O S E N O B  
S P H C C V P C W O R B  
I S B I E H D A T D S S  
R D N S N X G U L N A D  
I F N G X V L S S M C H  
S N O H H E U G A R C H  
D B S G K I N H D G H D  
D U E D D N G D B H G S  
N M A S B D E G N A H C  
A E H C V G D E C I C B  
H N A P E H B C N C N K

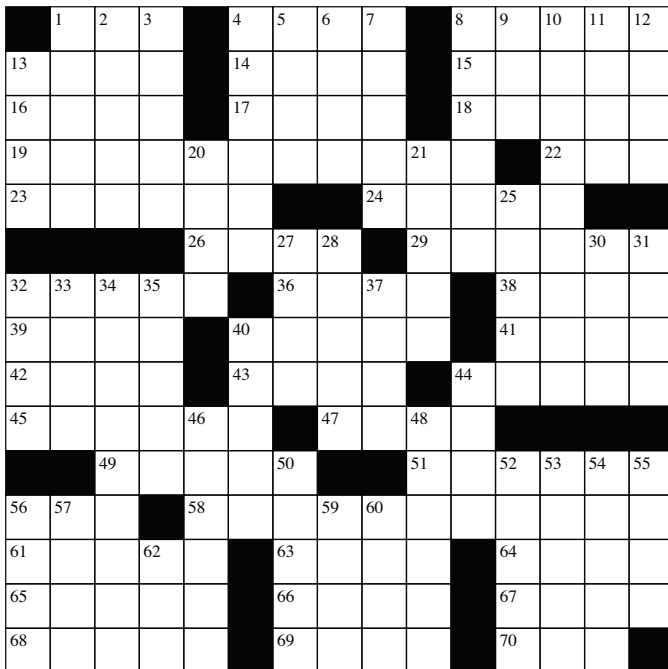
1. Lung
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.
- 16.
- 17.
- 18.
- 19.
- 20.

### Word Search Solution:

1. Arch
2. Back
3. Bone
4. Brow
5. Calf
6. Chin
7. Foot
8. Hand
9. Head
10. Iris
11. Jowl
12. Knee
13. Lung
14. Nape
15. Neck
16. Nose
17. Palm
18. Shin
19. Ulna
20. Vein



## Crossword Puzzle



### ACROSS

1. Space
4. Shine
8. "\_\_\_\_ of Iwo Jima"; '49 film
13. Gambling card game
14. Change the decor
15. Queen topper
16. Nucleus' site
17. Of the mouth
18. Carrying a weapon
19. Gavel-pounder's phrase
22. Ram's mate
23. Wiped away
24. Linear measurements
26. Bewildered
29. Whirl
32. High-intensity surgical tool
36. Exist
38. Vegetable pod
39. Retirement acct's.
40. Less colorful
41. Spots
42. Slangy contraction
43. Pintail duck
44. Valuable item
45. California city
47. 1/16 of an ounce
49. Strips
51. Covering for a tiny foot: var.
56. Govt. bureau concerned with ecology

### DOWN

1. Swamp critter, for short
2. Bakery passer's delight
3. Fleshy fruits
4. Worries
5. Architect Saarinen
6. Jewish month
7. Like very old bread
8. Like the night sky
9. Atmosphere
10. Juniors
11. Sketched
12. French aristocrat Marquis de \_\_\_\_
13. Place for a nose
20. Sign of sadness of joy
21. Very willing
25. Worthless matter
27. Old Western actor Jack
28. Felt miserable
30. Genealogist's drawing

31. Vane direction
32. Writer O'Flaherty
33. Opera song
34. Smoothing material
35. Ms. Lauder
37. Swerve
40. One of 150 in the Bible
44. Andy's partner
46. Took it easy
48. Lowered in rank
50. Yellow-billed waterbirds
52. Final notices, for short
53. Of a sound quality
54. Satire
55. Millay or Ferber
56. Go over a manuscript
57. Prefix for meter or scope
59. Nettle
60. Thug
62. 3/7 and 4/7

