

# Villa de SAN ANTONIO

8103 North Hollow • San Antonio, TX 78240 • (210) 558-7600

November 2025



## Welcome New Residents

Ming Jane Kang  
Elizabeth Morris  
Thomas & Jeanne Koos



**Kelly Nass**

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Executive Director

**Alison Contreras**

**acontreras@northstarsl.com**

Sales Director

**Rick Mora**

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Activities Director

**John Zachary**

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Dining Services Director

**Dale Barnett**

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Environmental Services Director

**Jennifer Hughes**

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Resident Care Director

**Sasha Gaitan**

**sgaitan@northstarsl.com**

Business Office Manager





### November Birthdays

11/3	Jackie McCracken
11/6	Pat Parma
11/7	Sr. Agnes Oman
11/10	Frank Gudat
11/12	Tom Loecker
11/16	Frank Araiza
11/16	Karen Sifert
11/17	Barbara Lemoine
11/20	Rachel Villarreal
11/21	Will Reinhard
11/22	Dean Venturini
11/24	Gisela Johnson
11/25	Cindy Garcia
11/26	Morris Stern
11/29	Hank Sauer



**THANKSGIVING**



### Spechts Texas

Step into a slice of Lone Star history at Spechts Texas, where rustic charm meets mouthwatering cuisine. Nestled just north of San Antonio, TX, our authentic wild west saloon has been serving up hearty meals and unforgettable experiences since 1890. We've perfected the art of American comfort food that'll make your taste buds dance. **Tuesday, November 4, please meet at 12:00 PM, in the Lobby.**

**SPECHTS**

### Luby's

People keep coming back because Luby's serves classic homestyle comfort food. Butcher's hand-carved meats onsite every day next to cooks who prepare entrees and sides from locally sourced ingredients. We want to make sure everyone who comes in is comfortable and has a good experience. **Tuesday, November 11, please meet at 12:00 PM, in the Lobby.**

**Luby's**

### Magnolia Pancake Haus

The Magnolia Pancake Haus' famous best breakfast was built around a recipe for "The World's Best" buttermilk pancakes and unique menu items made with the freshest ingredients.

**Tuesday, November 18, please meet at 10:00 AM in the Lobby.**



### Tour of Mission San José

Known as the "Queen of the Missions", this is the largest of the missions and was almost fully restored to its original design in the 1930s by Works Progress Administration. Spanish missions were not churches, but communities with the church the focus. Mission San José captures a transitional moment in history, frozen in time.

Start your visit of Mission San José with the Visitor Center to see the museum, visit the park's gift shop, and to watch the free 20 minute film. This is also where our free guided ranger tours begin. Tours are offered daily at 10am and 11am, afternoon programming varies. **Tuesday, November 25, please meet at 9:00 AM, in the Lobby.**







## Activities

### Painting Class

Join us for this instructor led painting class that is sure to be a great start to the holiday season. Look for a sign-up sheet at the front desk, there is a charge for this class, look for the flyer for more details. **Thursday, November 6, at 11:00 AM, in the Multi-Purpose Rm.**



### UT Health Science Center Music

Come and be a part of this interesting research project, as a group of students from UTHSC, try to discover the effects of music on the older adult population. They will be here to personally play some songs and play some instruments, followed by a question and answer session. **Friday, November 7, at 2:00 PM, in the Chapel.**

### Holiday Fund Craft Sale

This is a fundraiser to benefit the Holiday Fund. Please come and show your support, if you can. **Saturday, November 8, at 10:00 AM in the Multi-Purpose Room.**



## History Lesson

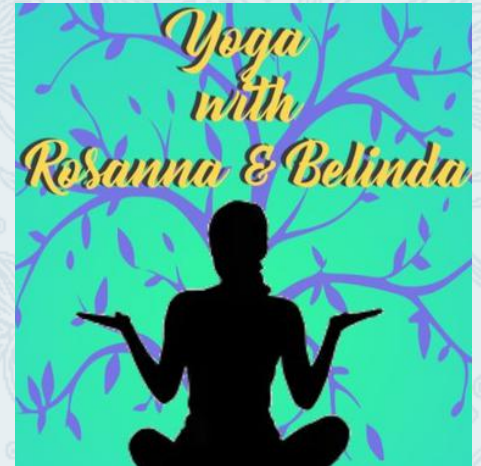
### History Class W/Col. Dombi

Join Janice Dombi, Colonel, US Army, Retired, to learn the true story of the Trapp Family Singers. The family fled Austria after German occupation. Did they climb every mountain to get to America? This is the story that forms the basis for the Academy Award winning film, *The Sound of Music*. **Thursday, November 6, at 7:00 PM, in the Multi-Purpose Rm.**

### Veterans Day Program

Our community is home to many brave men and women who proudly served their country. We would love the opportunity to recognize every one of you with a special pinning ceremony held in our Chapel. If you'd like to participate, please sign up by Nov. 7th. The ceremony will take place **Tuesday, November 11, at 10:00 AM, in the Chapel.**

*Thank You*  
★★★ FOR YOUR ★★★  
**SERVICE**



Come and try out Yoga Class here in the community. Your instructor is Rosanna Rocha from R&R Home Caregivers; she comes to us with a wonderful energy and bright smile. **Every Wednesday, at 10:00 a.m. in the Multi-Purpose Room.**



Just a Reminder that Singo Bingo is on break until next year. We have had a great amount of fun and hope to see everyone back in 2026. We would like to thank R&R Home Caregivers for the sponsorship, of all the drinks, snacks and prizes. They are an important part of our community and we truly appreciate Rosanna Rocha and her team!

## Room Legend

FC..... Fitness Center  
MP... Multi-Purpose Room  
C..... Cantina  
CL..... Club Room  
CH..... Chapel  
ALTV..... Assist. Living TV  
P..... Pool/Patio

## Resident Council

### Resident Council




It's a town-hall-type meeting where you can attend if you would like to ask any questions you may have for the Council:  
**Tuesday, November 11, at 2:00 p.m., in the Multi-Purpose Room.**

## Community News

### Town Hall & Food for Thought on Break

2025 has been a great year for us at Villa de San Antonio. We look forward to the new year and all the excitement it will bring. Due to the Holiday Season, Town Hall and Food for Thought will be on break and will resume in 2026!



Sunday	Monday	Tuesday
		
<b>Daylight Saving Time- Fall Back</b> <b>2</b>  10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>9:00 Birthday Breakfast</b> <b>3</b> 9:00 Chair/Stand Exercise-FC 9:30 Snack, Chat-2nd FL ALMP 10:00 Spanish Club-MP 10:00 Women's Poker-CL 10:15 Writing -1st FI AL Conference Room 11:00 Chair Ex-3rd FI AL 1:00 Bingo- MP 2:15 Loteria-MP 2:00 Balance Class-FC 6:30 31-CL	<b>4</b>  9:00 Chair Fitness-FC 9:30 Bible Study-MP 12:00 Outing: <b>Spechts</b> 1:00 Men's Poker-CL 1:00 Pokeno -MP 2:00 Crafts-2nd FL MP 3:00 Caregivers Group-PD 4:00 Happy Singers-MP 6:30 31-CL
<b>9</b>  10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>10</b>  9:00 Chair/Stand Exercise-FC 9:30 Snack, Chat-2nd FL ALMP 10:00 Spanish Club-MP 10:00 Women's Poker-CL 10:15 Writing -1st FI AL Conference Room 11:00 Chair Ex-3rd FI AL 1:00 Bingo- MP 2:15 Loteria-MP 2:00 Balance Class-FC 6:30 31-CL	<b>11</b>  9:00 Chair Fitness-FC 9:30 Bible Study-MP 10:00 <b>Veterans Presentation-CH</b> 12:00 Outing: <b>Luby's</b> 1:00 Men's Poker-CL 1:00 Pokeno -MP 2:00 <b>Resident Council-MP</b> 2:00 Crafts-2nd FL MP 4:00 Happy Singers-MP 6:30 31-CL
<b>16</b>  10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>17</b>  9:00 Chair/Stand Exercise-FC 9:30 Snack, Chat-2nd FL ALMP 10:00 Spanish Club-MP 10:00 Women's Poker-CL 10:15 Writing -1st FI AL Conference Room 11:00 Chair Ex-3rd FI AL 1:00 Bingo- MP 2:15 Loteria-MP 2:00 Balance Class-FC 6:30 31-CL	<b>18</b>  9:00 Chair Fitness-FC 9:30 Bible Study-MP 10:00 Outing: <b>Magnolia Pancake Haus</b> 1:00 Men's Poker-CL 1:00 Pokeno -MP 2:00 Crafts-2nd FL MP 4:00 Happy Singers-MP 6:30 31-CL
<b>23/30</b>  10:00 Catholic Mass 1:00 Interdenominational Service-CH 2:00 Mexican Train-MP/CL	<b>24</b>  9:00 Chair/Stand Exercise-FC 9:30 Snack, Chat-2nd FL ALMP 10:00 Spanish Club-MP 10:00 Women's Poker-CL 10:15 Writing -1st FI AL Conference Room 11:00 Chair Ex-3rd FI AL 1:00 Bingo- MP 2:15 Loteria-MP 2:00 Balance Class-FC 6:30 31-CL	<b>25</b>  9:00 Outing: <b>Mission San José Tour</b> 9:00 Chair Fitness-FC 9:30 Bible Study-MP 1:00 Men's Poker-CL 1:00 Pokeno -MP 2:00 Crafts-2nd FL MP 4:00 Happy Singers-MP 6:30 31-CL



Wednesday	Thursday	Friday	Saturday
<p><b>DIA DE LOS MUERTOS</b></p>	 <p><b>GIVE THANKS EAT PIE</b></p>		<p>1</p> <p>10:00 Wal-Mart 1:00 Mexican Train-CL 4:00 Catholic Mass-CH 6:30 Canasta-CL</p>
<p>5</p> <p>9:00 StandingFitness-FC 9:30 Nails W/ Fran-2nd FL MP 10:00 Chair Yoga-MP 10:00 H.E.B. 11:00 Chair Ex-3rd FL AL 1:00 Horse Racing-MP 2:00 Crafts- 2nd FL MP 2:00 Balance-FC 2:00 Mexican Train-MP 4:00 Social Hour 6:30 31-CL</p>	<p>6</p> <p>9:00 Word Search- 2nd FL MP 9:00 Chair Fitness-FC 10:00 Bible Study-CH 10:30 Word Search-2ndFL MP 11:00 <b>Painting Class</b> 11:00 Wal-Mart 1:00 Pokeno\$\$-MP 2:00 Shopping Outing: <b>JC Penney</b> 2:00 Right, Left, Center-MP 6:30 31-CL</p>	<p>7</p> <p>8:30 Nails W/Fran-2nd FL MP 9:00 Stand/Chair Fit-FC 9:00 Inspo Coloring-2nd FL MP 9:30 Word Search-2nd FL MP 11:00 Seated Ex-3rdFL AL 1:00 H.E.B. 1:00 Bingo-MP 2:00 <b>UTHSC Music</b>-CH 2:00 Balance-FC 3:00 Bunco-MP 6:30 Pinochle 2nd FL MP</p>	<p>8</p> <p>10:00 <b>Craft Sale</b>-MP 10:00 Wal-Mart 1:00 Mexican Train-CL 4:00 Catholic Mass-CH 6:30 Canasta-CL</p>
<p>12</p> <p>9:00 StandingFitness-FC 9:30 Nails W/ Fran-2nd FL MP 10:00 Chair Yoga-MP 10:00 H.E.B. 11:00 Chair Ex-3rd FL AL 1:00 Horse Racing-MP 2:00 Crafts- 2nd FL MP 2:00 Balance-FC 2:00 Mexican Train-MP 4:00 Social Hour 6:30 31-CL</p>	<p>13</p> <p>9:00 Word Search- 2nd FL MP 9:00 Chair Fitness-FC 10:00 Bible Study-CH 10:30 Word Search-2ndFL MP 11:00 <b>History W/ Tom Jackson</b>-MP 11:00 Wal-Mart 1:00 Pokeno\$\$-MP 2:00 Shopping Outing: <b>Hobby Lobby</b> 2:00 Right, Left, Center-MP 6:30 31-CL</p>	<p>14</p> <p>8:30 Nails W/Fran-2nd FL MP 9:00 Stand/Chair Fit-FC 9:00 Inspo Coloring-2nd FL MP 9:30 Word Search-2nd FL MP 11:00 Seated Ex-3rdFL AL 1:00 H.E.B. 1:00 Bingo-MP 2:00 Balance-FC 3:00 Bunco-MP 6:30 Pinochle 2nd FL MP</p>	<p>15</p> <p>10:00 Wal-Mart 1:00 Mexican Train-CL 4:00 Catholic Mass-CH 6:30 Canasta-CL</p>
<p>19</p> <p>9:00 StandingFitness-FC 9:30 Nails W/ Fran-2nd FL MP 10:00 Chair Yoga-MP 10:00 H.E.B. 11:00 Chair Ex-3rd FL AL 1:00 Horse Racing-MP 2:00 Crafts- 2nd FL MP 2:00 Balance-FC 2:00 Mexican Train-MP 4:00 Social Hour 6:30 31-CL</p>	<p>20</p> <p>9:00 Word Search- 2nd FL MP 9:00 Chair Fitness-FC 10:00 Bible Study-CH 10:30 Word Search-2ndFL MP 11:00 <b>UTHSC Fall Prevention</b>-MP 11:00 Wal-Mart 1:00 Pokeno\$\$-MP 2:00 Shopping Outing: <b>Burlington</b> 2:00 Right, Left, Center-MP 6:30 31-CL</p>	<p>21</p> <p>8:30 Nails W/Fran-2nd FL MP 9:00 Stand/Chair Fit-FC 9:00 Inspo Coloring-2nd FL MP 9:30 Word Search-2nd FL MP 11:00 Seated Ex-3rdFL AL 1:00 H.E.B. 1:00 Bingo-MP 2:00 Balance-FC 3:00 Bunco-MP 6:30 Pinochle 2nd FL MP</p>	<p>22</p> <p>10:00 Wal-Mart 1:00 Mexican Train-CL 4:00 Catholic Mass-CH 6:30 Canasta-CL</p>
<p>26</p> <p>9:00 StandingFitness-FC 9:30 Nails W/ Fran-2nd FL MP 10:00 Chair Yoga-MP 10:00 H.E.B. 11:00 Chair Ex-3rd FL AL 1:00 Horse Racing-MP 2:00 Crafts- 2nd FL MP 2:00 Balance-FC 2:00 Mexican Train-MP 4:00 Social Hour 6:30 31-CL</p>	<p>27</p> 	<p>28</p> <p>8:30 Nails W/Fran-2nd FL MP 9:00 Stand/Chair Fit-FC 9:00 Inspo Coloring-2nd FL MP 9:30 Word Search-2nd FL MP 11:00 Seated Ex-3rdFL AL 1:00 H.E.B. 1:00 Bingo-MP 2:00 Balance-FC 3:00 Bunco-MP 6:30 Pinochle 2nd FL MP</p>	<p>29</p> <p>10:00 Wal-Mart 1:00 Mexican Train-CL 4:00 Catholic Mass-CH 6:30 Canasta-CL</p>



## Activities



### Tom Jackson History

Spend the evening learning about the true history of Thanksgiving. Thursday, November 13, at 7:00 PM, in the Multi-Purpose Rm.



*Presentation*  
MINISTRY CENTER  
BE THE LIGHT. NANO NAGLE

First Annual Fundraiser Luncheon Honoring the Presentation Sisters, will be held at St. Gregory The Great Parish Hall on Friday, November 14, at 11:30 AM. Tickets are \$40. Everyone here knows what the Presentation Sisters mean to the community, they exude so much love and joy to all that they encounter. Please consider attending this event if you can.



## Health & Wellness

### The University of Texas Health Science Center- Fall Prevention

Come and participate in this presentation on the tips and tricks to staying on your feet and try and prevent falls from ever occurring. Thursday, November 20, at 11:00 AM, in the Multi-Purpose Rm.



### Caregiver Support Group

Come and let it all out and gain the support of a few new friends in this new group. Caring for a loved one isn't easy and nobody knows it like someone else who is going through it too, learn some skills and talk about how to make these days a little less stressful. Every 1st Tuesday of the Month, November 4th, at 3:00 PM, Private Dining Rm.



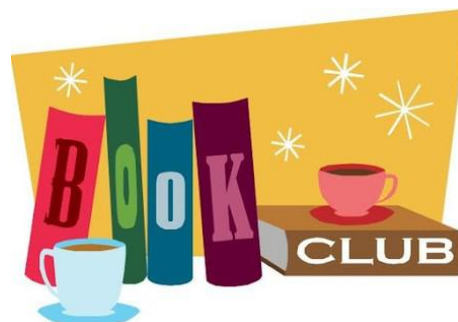
### Birthday Breakfast

Birthday Breakfast features a special menu and mimosas for you to enjoy. An invite will be left in your cubbies a week before the event and we ask you to RSVP with the Front Desk to let us know of your intentions to attend. This month's gathering is Monday, November 3, at 9:00 AM in the Main Dining Room.



### Book Club

Get together to discuss the November book and choose the book for December. If you're interested in joining, come and get signed up for the next book. Monday, November 24, at 11:00 AM, in the Multi-Purpose Room.







### JCPenney

You'll be dropped off and picked up at JCPenney, but you're free to shop inside as you'd like. **Thursday, November 6, please meet at 2:00 p.m., in the Lobby.**

# JCPenney

### Hobby Lobby

Looking to start a new quilt? Or are you interested in finding some cool new decor for your apartment? **Thursday, November 13, please meet at 2:00 p.m. in the Lobby.**



### Burlington

Explore a wide selection of high-quality, brand-name clothing, home decor, and more at unbeatable prices. **Thursday, November 20, please meet at 2:00 PM, in the Lobby.**

# Burlington



### Home for the Holidays

After losing her job, making out with her soon-to-be former boss, and finding out that her daughter plans to spend Thanksgiving with her boyfriend, Claudia Larson faces spending the holiday with her family. **Week of Nov. 7-9.**

### Dutch

To get to know his girlfriend's son, a working-class good guy volunteers to pick him up from his prep school, only to learn that he isn't the nicest young man. **Week of Nov. 14-16.**

### Planes, Trains and Automobiles

A Chicago advertising man must struggle to travel home from New York for Thanksgiving, with a lovable oaf of a shower-curtain-ring salesman as his only companion. **Week of Nov. 21-23.**

**Movies will be shown Fri. at 3 p.m., Sat. & Sun. at 7 p.m. on Channels 95 or 96.**



### Heartwarming Hymns for Thanksgiving

These traditional hymns are often heard at Thanksgiving time, reflecting the gratitude and joy of the season.

*"We Gather Together."* The title of this song, set to a Dutch folk tune, emphasizes the fellowship of friends and family.

*"Bringing in the Sheaves."* Reminding us of the importance of "sowing seeds of kindness," this hymn uses harvest time as a reason to rejoice.

*"Come, Ye Thankful People, Come."* This English hymn was originally titled "After Harvest," and is a celebration of the Earth's bounty.

*"For the Beauty of the Earth."* Familiar and comforting to many, this "hymn of grateful praise" recognizes the blessings of everyday life.





# *We Remember*

NOVEMBER 11  
VETERANS DAY



# *Happy* **Thanksgiving**

May the bounty of the season fill your heart.